

ANNEX U: Sample ASRH Standalone Project Proposal

This is a tool referenced in the [Resource Mobilization](#) section of Chapter 8: Manager Guidance Notes & Tools. This tool provides guidance on what to include in different sections for a standalone ASRH project proposal.

<NAME OF PROJECT ON ADOLESCENT SEXUAL & REPRODUCTIVE HEALTH IN HUMANITARIAN SETTINGS> <NAME OF ORGANIZATION> <Start & End Dates of Proposed Project>
Context <ul style="list-style-type: none">• Describe, in one or two lines, the overall context of the current humanitarian emergency.• Describe, in one or two lines, the conditions adolescents are facing during this emergency; for example, adolescents are experiencing displacement, loss of family, destruction of educational and recreational facilities, and lack of health services, etc.• Describe, in two or three lines, the specific risks adolescents are facing due to the emergency; for example, adolescents are at increased risk of gender-based violence (GBV) and trafficking. Include pre-emergency indicators and data, if available, especially if these relevant indicators will impact ASRH in the current emergency; for example, existing high rates of child, early, and forced marriage or adolescent pregnancy may be heightened during the emergency.
Proposed Intervention <ul style="list-style-type: none">• State, in one or two lines, the proposed intervention and why the intervention is important given the above context.<ul style="list-style-type: none">• For example, “<NAME OF AGENCY> recognizes the threats adolescents face in <NAME OF EMERGENCY>. To address their dire health and protection risks, <NAME OF AGENCY> will provide critical ASRH services, including <NAME SERVICES AGENCY WILL PROVIDE>, in <NAME OF LOCATION(S)> over the course of <LENGTH OF PROJECT>.”• Indicate, in one line, if the project will include other partner agencies, including any partnerships with government agencies.• Explain how the project will meaningfully engage adolescents/youth, as well as community members, during the program cycle (design, implementation, and monitoring and evaluation).
Project Goal <ul style="list-style-type: none">• In one line, provide statement about the expectation of what should happen as a result of your program (the desired result). The project goal provides the foundation for developing your program objectives. <p>Examples include:</p> <ul style="list-style-type: none">• <NAME OF AGENCY> aims to decrease the unmet need of adolescents in <PROGRAM AREA> by• Unmet need for contraception among adolescents

Project Objectives & Activities

- Donor templates usually specify how objectives and activities should be outlined in the proposal. Pay close attention to their formatting and content requirements.
- Objectives describe the results your program aims to achieve and how they will be achieved. You typically need more than one objective to reach your project goal. Objectives should be SMART, or specific (includes who, what, and where), measurable (how much change is expected), achievable (realistic with program resources, planned implementation, and context), relevant (relates to program/activity goals and preferences of adolescents/youth), and time-bound (specifies when objective will be achieved).
- Examples of proposed objectives & activities are as follows:
 - Objective 1: By <MONTH/YEAR>, an increase of <PERCENTAGE> of adolescents and youth will use SRH services in <PROGRAM LOCATION> within <TIME PERIOD>.
 - Activities:
 - Collect baseline information from health facility on service uptake among adolescents and youth prior to implementing program activities.
 - Consult adolescents and youth to develop and disseminate youth-friendly ASRH information materials, as well as provide feedback on ways to make service delivery points more adolescent/youth friendly
 - Identify adolescent-oriented distribution points for condoms, SRH information, and other SRH commodities adolescents request
 - Train and supervise health workers on providing health services responsive to adolescents' needs
 - Implement recommendations from adolescents/youth to make health facility more adolescent/youth-friendly
 - Identify and train community health workers to ensure they link adolescents at increased risk (eg adolescents with disabilities, pregnant adolescents, etc) to health facilities for SRH services

Donors usually require a timeline in which activities will be completed. An example of a timeline is presented below this table.

Proposed Outputs

Output (or process) indicators measure activities conducted to complete specific outcomes.

Examples of proposed outputs include:

- XX health providers trained on ASRH
- XX health facilities that disaggregate data by age and gender
- XX of referrals per month by community health workers trained on referring adolescents to health facilities

Proposed Outcomes

Outcome (or performance) indicators measure changes resulting from program activities, such as knowledge, attitudes, behaviors, or availability of services.

Examples of proposed outcomes include:

- Number of adolescent patients who received a form of modern contraception
- Number of adolescent patients with an unmet need for contraception
- Number of adolescent patients who received treatment for sexually transmitted infections
- Percentage of adolescent survivors of GBV receiving post-exposure prophylaxis

(For more examples of ASRH indicators, please see [Program Design](#) under Chapter 7: Data for Action.)

Example of Timeline:

This timeline is for SRH managers to use for implementation of activities. SRH managers should be also utilizing monitoring tools throughout the project. Monitoring tools and guidance can be found in the [Implementation & Monitoring](#) section of Chapter 7: Data for Action.

TIMELINE								
ACTIVITY	November				December			
	Week1	Week 2	Week 3	Week 4	Week1	Week 2	Week 3	Week 4
Conduct ASRH assessment								
Develop ASRH materials								
Distribute ASRH materials								
Train health workers on ASRH friendly health services								
Establish youth-friendly health services								
Identify community health workers to refer pregnant adolescents to health facilities								
Monthly monitoring visits to youth-friendly health facilities								

Source: Adapted from [IAWG ASRH Sub-Working Group](#) members' project proposals.