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| Unit | Timing | Content | Objectives  At the end of the unit, participants will be able to: | Methodology |
| **DAY 1** | | | | |
|  | 8:00-8:30 | Registration of participants |  |  |
| Introduction | | | | |
| 1 | 8:30-9:15 | Welcome and Introduction   * Icebreaker * Expectations and ground rules * Pre-test | * Reflect on their expectations of the training * Agree on the ground rules of the training | * Discussion |
| 2 | 9:15-10:15 | Core Concepts: Presentation   * Sexual Violence: Barriers to care and support * Core concepts of gender-based violence (GBV) | * Explain the link between gender-based violence (GBV) and violations of human rights * Define GBV * Describe the guiding principles when working with sexual violence survivors | * Video * Presentation |
| **10.15-10.30 (15 min) Break** | | | | |
| 2 | 10:30- 12:00 | Core Concepts: In Her Shoes | * Increase awareness of and empathy for the difficulties survivors who experience violence face when seeking support | * Participatory Activity |
| 2 | 12:00-1:00 | Core Concepts: Blanketed by Blame | * Highlight how social norms can affect survivors’ abilities to seek help and access care, including special populations (LGBTQIA, adolescents, persons living with disabilities, sex workers, and religious or ethnicity minorities) * Encourage participants to consider what they can do as providers to provide an empathetic response to survivors of violence | * Participatory Activity |
| **13.00-14.00 (60 min) Lunch** | | | | |
| 2 | 2:00-3:00 | Core Concepts: Vote With Your Feet | * Critically reflect on participants’ own perceptions and beliefs that may affect the quality of care survivors receive, including members of vulnerable populations. | * Participatory Activity |
| **Clinical management of survivors of sexual violence** | | | | |
| 3 | 3:00-4:00 | * Preparing the Clinical Site, Identifying Survivors, Offering First-Line Support (Step 1) | * Describe the elements that must be in place in the health system for providing clinical services to survivors * Discuss common signs and symptoms of sexual violence and intimate partner violence * Summarize the basic principles of supportive communication and first line response (LIVES) for survivors | * Presentation * Demonstration |
| **DAY 2** | | | | |
|  | 8:30-8:45 | Recap of Day 1 |  |  |
| 4 | 8:45-11:15 | * Informed Consent, Medical History, and Physical Examination (Steps 2-4) | * Summarize key elements of informed consent * Describe how to conduct and collect a comprehensive patient history pertaining to sexual violence, and document findings appropriately * Explain components of a physical examination of survivors of sexual violence, including internal and external genital examination * Describe principles of collecting forensic evidence during the physical examination * Discuss the purpose and composition of a medical certificate | * Presentation * Group Activity |
| **11.15-11.30 (15 min) Break** | | | | |
| 5 | 11:30-12:30 | * Providing treatment and related counseling (Step 5) | * Provide appropriate treatment for adult and children survivors of sexual violence, including: * Emergency contraception * Pregnancy testing, pregnancy options information, and safe abortion care/referral to the full extent of the law * Presumptive treatment of sexually transmitted infections (STIs) * Post-exposure prophylaxis (PEP) to prevent HIV transmission * Prevention of hepatitis B and HPV * Care of wounds and prevention of tetanus | * Activity * Presentation |
| **12.30-13.30 (60 min) Lunch** | | | | |
| 5 | 1:30-2:45 | * Providing treatment and related counseling (Step 5) *continued* | * Provide appropriate treatment for adult and children survivors of sexual violence, including: * Emergency contraception * Pregnancy testing, pregnancy options information, and safe abortion care/referral to the full extent of the law * Presumptive treatment of STIs * PEP to prevent HIV transmission * Prevention of hepatitis B and HPV * Care of wounds and prevention of tetanus | * Group Activity * Presentation |
| 5 | 2:45-4:00 | * Providing treatment and related counseling (Step 5) *continued* | * Demonstrate supportive, accurate counseling to survivors | * Group Activity |
| **DAY 3** | | | | |
|  | 8:30-8:45 | Recap Day 2 |  |  |
| 6 | 8:45-10:45 | * Enhancing Safety and Referrals, Mental Health and Psychosocial Support, Follow Up Care (Steps 6-8) | * Describe how to assess for immediate safety risks and develop a safety plan with a survivor * Identify key types of referral service needs for survivors * Explore the survivor experience of a referral through an interactive, empathy-building activity * Discuss strategies to counsel survivors around mental health and psychosocial support * Discuss patient follow-up care guidelines and timing. | * Presentation * Group Activity |
| **10.45-11.00 (15 min) Break** | | | | |
| 7 | 11:00-11:30 | * Standard Operating Procedures (SOPs) | * Describe the health care provider’s role in the implementation of SOPs * Discuss how SOPs can improve access to care | * Presentation |
| 8 | 11:30-12:30 | * Monitoring & Evaluation | * Explain the role of the health care provider in monitoring and evaluation * Explain the role of the health care provider in stock management | * Presentation * Video |
| **12.30-13.30 (60 min) Lunch** | | | | |
| 9 | 1:30-3:30 | * Assessing and Strengthening Clinical Services for Survivors of Sexual Violence | * Discuss key requirements of delivering quality clinical care for survivors of sexual violence and intimate partner violence * Develop a list of initial actions to strengthen clinical services for survivors | * Group work |
| **Closing** | | | | |
| 10 | 3:30-4:30 | Care for The Caregivers, Evaluation and Closing   * Certificate of Completion * Post-Test * Training Evaluation | * Discuss strategies to identify and prevent burnout * Reflect on the training in relation to meeting participant expectations and course objectives | * Presentation * Discussion |