

LONG-ACTING REVERSIBLE CONTRACEPTIVES IN CRISIS SETTINGS

KNOWLEDGE ASSESSMENT

Date: _____ Name / Number of Trainee (ID): _____

Professional cadre: _____ Number of years provider has been in service: _____

Gender: Female Male Other/prefer not to say

Please read the questions carefully and select what you think to be the one most true and honest answer. If you do not understand a question or an answer, then feel free to ask the facilitators for an explanation. Total time: 20 min.

1. Which of the following is the MOST critical component of contraceptive counseling?
 - a. Ensuring volunteerism and informed choice
 - b. Obtaining formal consent for the procedure from the client
 - c. Describing side effects to the client
 - d. Telling the client about the effectiveness of the contraceptive method
2. The term healthy timing and spacing of pregnancies (HTSP) is intended to:
 - a. Advise women to limit their families
 - b. Help women and families to delay and space their pregnancies
 - c. Help women to start exercise after pregnancy
 - d. Benefit women who have no children
3. When using the Balanced Counseling Strategy Plus (BCS+) counseling strategy, detailed information about the selected contraceptive method is given during the:
 - a. Pre-choice stage
 - b. Post-choice stage
 - c. Method-choice stage
 - d. Systematic screening stage
4. Category 2 in the World Health Organization medical eligibility criteria (MEC):
 - a. Indicates a method that should not be used for a given client
 - b. Indicates generally using the method in which the benefits outweigh the risk
 - c. Indicates the use of a method is not usually recommended unless other methods are not available/acceptable
 - d. Indicates that a method may be used in any circumstance
5. Once the procedure to insert a contraceptive method is complete the provider should:
 - a. Properly clean instruments as soon as possible after they have been used to prevent bioburden from drying on the instrument or devices
 - b. Wait and collect all instruments at the end of the day for cleaning
 - c. Soak all soiled instruments in liquid bleach for two hours
 - d. Conduct high-level disinfection
6. Long-acting reversible contraceptives (LARCs) are best for a woman who:
 - a. Does not want to have any more children
 - b. Wants many years of contraception
 - c. Has AIDS and is on antiretroviral therapy
 - d. Wants to have contraception for three months

7. **While counseling a client, it is very important to respect local values and beliefs because:**
 - a. It can affect, positively or negatively, the provider's relationship with the client
 - b. Help the provider to choose a method for the client
 - c. Give the provider an idea if the client will continue the chosen method
 - d. Shorten the counseling time

8. **Copper IUDs are effective for:**
 - a. 10-12 years
 - b. 15 years
 - c. 5 years
 - d. 3 years

9. **It is safe to insert an intrauterine device (IUD) in a postpartum woman:**
 - a. Immediately within 10 minutes of delivery of placenta
 - b. 48 or more hours after delivery
 - c. Two weeks after delivery
 - d. One week after delivery

10. **The best way to counteract a rumor or perception about a family planning method is to:**
 - a. Tell the client that the rumor is not true and brush off her comments lightly
 - b. Ignore it because it is just a rumor
 - c. Tell the client that people who believe such rumors are stupid
 - d. Explain that the rumor is not true and why it is not true

11. **It is safe for breastfeeding women to use implants because they contain only:**
 - a. Progestin
 - b. Estrogen
 - c. Human chorionic gonadotropin (HCG)
 - d. Prolactin

12. **An IUD should be inserted using the "no-touch" technique because it:**
 - a. Increases the need for local anesthetic
 - b. Requires the use of sterile gloves
 - c. Minimizes the risk of post-insertion infection
 - d. Decreases the chances of uterine perforation

13. **The four Basic Humanitarian Principles include the following **except**:**
 - a. Humanity
 - b. Inequity
 - c. Impartiality
 - d. Independence

14. **A rights-based SRH approach promotes:**
 - a. Accountability, equity, participation of right holders, and non-discrimination
 - b. Partiality, chauvinism, and decision taken by policy makers
 - c. Feminism, informed decision, leadership of implementers
 - d. Learning culture, discrimination, and mechanism for action on feedback

15. **In order to ensure people affected by crisis know their rights and have access to information:**
 - a. Do not involve local representatives of communities affected by crisis at any stage
 - b. Use expensive technologies to deliver information
 - c. Communicate in language, formats, and media that are easily understandable, respectful, and culturally appropriate
 - d. Never try to get feedback from clients on their level of satisfaction