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## *Uterine Evacuation in Crisis Settings Using Manual Vacuum Aspiration*

## Sample Refresher Course Agenda

**Note to Trainer**: This is only an example of a rapid refresher course on using manual vacuum aspiration for uterine evacuation. You may need to adjust the order of some content and the time allowed based on your setting and the experience level of the participants.

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| --- | --- | --- | --- | --- |
| **Unit** | **Objective** | **Time**  | **Content**  | **Training Method** |
| **Day 1 total: 8 hours** |
| 1 |  | 15 min | WelcomeTrainer introduction(s)Ice breaker | Paired interview |
| 1 |  | 15 min | Course agenda Participant expectationsCourse objectives (optional)Housekeeping/parking lot | Brainstorm |
| 1 |  | 15 min | Knowledge pre-test |  |
| 2 | 3 | 15 min | Uterine evacuation is an important element of reproductive health (RH) in crisis settings because:* maternal mortality is linked to unsafe abortion;
* of a lack of security;
* of a high risk of sexual violence;
* of disruption in contraceptive and other health services; and
* women may want to delay childbearing during a crisis.
 | Interactive presentation and group brainstorm (Why might a woman need a uterine evacuation in a crisis setting?) |
| 2 | 1 | 30 min | Values clarification | Group activity(Comfort Continuum) |
| 2 | 2 | 15 min | Review abortion law | PresentationRead case studies aloud, large (or small) group process |
| 3 | 4, 5 | 15 min | Uterine evacuation methods and why manual vacuum aspiration (MVA) is necessary in crisis settingsSafety, efficacy of MVAPossible complications of MVA | Presentation*Handout: Uterine Evacuation Treatment Options Chart* |
|  | **Break** | **15 min** |  |  |
| 3 | 6 | 15 min | Using misoprostol to treat incomplete abortion in crisis settingsUsing medical abortion for first trimester uterine evacuation | Facilitated discussionColored paper activity  |
| 3 | 7, 8 | 30 min | Uterine evacuation method options counselingInformed consent | PresentationCase studies |
| 4 | 9 | 30 min | Instrument facts and features |  |
|  | **Lunch** | **1 hr** |  |  |
| 4 | 10 | 45 min | Processing Ipas MVA Plus and Ipas EasyGrip Cannualae | Presentation Instrument processing video |
| 4 | 12 | 1 hr | Uterine evacuation with the Ipas MVA PlusReview MVA steps | Procedure video |
| 4 | 15 | 1 hour | DemonstrationSimulated practice | Pelvic models |
|  | **Break** | **15 min** |  |  |
| 4 | 13 | 15 min | Technical problems during MVA | Demonstration/ “What if” activity |
|  |  | 15 min | Summarize and close for Day 1 | Daily process evaluation |
| **Day 2 total: 6 hours** |
|  |  | 30 min | Welcome participants backOverview of Day 2Respond to any questions from Day 1Re-energizeReview MVA steps |  |
| 5 | 11 | 15 min | Pain management plan | Case studies |
| 5 | 15 | 1 hr | Simulated practice with pelvic models |  |
| 6 |  | 15 min | Post-procedure care and follow-up care |  |
|  | **Break** | **15 min** |  |  |
| 6 | 16 | 45 min | Postabortion contraceptive counseling and services | Positive/negative trainer demonstration |
| 6 | 14 | 1 hr | Management of complications |  |
| 6 | 17 | 15 min | Linkages to family planning, reproductive health, sexually transmitted infections, and more  |  |
|  | **Lunch** | **1 hr** |  |  |
| 7 | 18, 19 | 30 min | Using a monitoring plan to ensure quality of care and to sustain MVA and postabortion contraceptive services | Worksheet activity |
| 7 | 20 | 15 min | Review a work plan to integrate MVA into crisis setting immediately:* Supply/resupply of MVA instrument and related supplies;
* Create systems of sustainability; and
* Create mentor relationships and facilitated supervision, if necessary.
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| 88 |  | 30 min | Closing activities | Review course objectivesReview participant expectationsSummary pointsDaily process evaluationCourse evaluation |
| 8 |  | 15 min | Knowledge post-test |  |
| 8 |  | 15 min | Certificate of completion |  |